



ICR Categories & Activities

Categories and Activities

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1. Introduction

The ICR offers multiple ways of achieving CPD points. However, there are many alternative methods which can be utilised in order to obtain the minimum requirement of 60 CPD points per annum. It is recommended that you obtain points from a variety of categories to ensure breadth of knowledge.

For your guidance ICR has allocated points to specific CPD Activities

Activities that will generate credits

These activities are derived from 6 separate categories:

- Postgraduate studies
- Professional examinations
- Personal learning (unstructured)
- External/internal learning (structured)
- Imparting knowledge
- Professional learning

N.B This is by no means an exhaustive list and activities not on this list may be approved for CPD points.

2. Categories and Activities

Postgraduate studies

- This category automatically meets the full CPD requirements and includes higher degrees such as Pg Cert, Pg Dip MSc and PhD awarded by recognised universities.
- Lecturing and/or part time teaching by non-academic staff on these courses also qualify for CPD points.

Professional Examinations

- The Institute's Certificate examination or equivalent
- The Institute's Diploma examination or equivalent

Personal Learning (Unstructured)

- Private reading
- Private research

- Self directed learning such as passive observation
- Experiential learning (learning by experience)
- Managing, coaching, mentoring others
- Special projects that add to your life experience.

External and Internal Learning (Structured)

- On the job training
- Mentoring, coaching
- Training courses and workshops
- Accompanied visits with feedback
- Conferences/workshops
- Distance and eLearning.

Imparting knowledge

- Authorship of books – should be on clinical research related subjects
- Co-authorship, chapter or monograph
- Preparation of papers for conferences and seminars relating to clinical research and clinical research issues
- Preparation of articles relating to clinical research
- Peer review of articles on clinical research
- Speaking at conferences, forums, seminars, etc.

Professional

- Serving on the committee or board of a professional association
- Peer review of higher membership applications e.g. Fellowship
- Attending regional and national meetings.

3. Activity Explanation/Comments

Postgraduate studies

- Postgraduate qualifications awarded by recognised universities, lecturing or part-time teaching by non-academic staff.

Professional examinations

- Participation and successful completion of examinations such as ICR's Certificate and Diploma examinations will allow you to move within the membership levels.

Personal Learning (Unstructured)

- **Private reading**
The use of books, journals, authorities around the world, organisations, library databases and portals and clinical trial registers.
N.B. Reading outside the area of clinical research is equally beneficial.
- **Private research**
Online research; information extracted from the internet or using a variety of resources to systematically research a topic.
- **Learning by passive observation and experiential learning**
Learning which is informal and provides improved breadth or depth of knowledge, or an improved understanding of a subject preferably relevant to clinical research. Participation is largely passive (e.g. attendance at a lecture or conference etc.)
- **Special projects**
This category includes company specific projects within clinical and other research departments. For example; cross-organisational working or collaborative work with different organisations, NHS and Industry research that relates to clinical research topics or has relevance to the practice/organisation and which results in some form of written document, precedent, memorandum, questionnaire/survey, etc. This also includes external interests that you may be involved with that adds to your life experience.

External and internal learning (structured)

- **On the Job training**
Helping others within an organisation to allow the implementation of practical skills. Participation in structured work shadowing schemes with clear aims and objectives.
- **Mentoring and coaching**
Structured mentoring or coaching sessions involving professional development,

delivered face to face lasting between 30 and 60 minutes in length. There must be clear aims and objectives and the outcome must be documented.

- **Internal/external training courses**
Training undertaken as part of a planned internal management and development scheme. Preparing, delivering, and/or attending courses that are of relevance and benefit to an individual's area of work.

- **Accompanied visits with feedback**
Participation in structured work accompanied visits with clear aims and objectives, requiring feedback or reflection on the shadowing activity.
- **Workshops**
Preparing, delivering, and/or attending workshops relating to Clinical Research.
- **Conferences**
Preparing, delivering, and/or attending conferences relating to Clinical Research.

Imparting knowledge

- **Authorship of books**
Books, chapters or monographs, preferably clinical research.
- **Preparation of papers and posters for conferences**
The preparation and presentation at conferences.
- **Preparation of articles**
Writing and publishing articles for journals, preferably clinical research.
- **Peer review**
Peer review of articles on clinical research or sitting on an editorial advisory panel.
- **Speaking at events**
Including conferences, forums, seminars, etc.

Professional

- **Serving on the committee or Board of a professional association**
Participating in the development of specialist areas of clinical research by attending meetings of committees and/or working parties of relevant professional associations.
- **Attending ICR regional events**
Participating in or attendance at ICR regional events e.g Forums

N.B. It is recognised that what is relevant to some members of ICR may not necessarily be relevant to others, dependent upon their area of speciality. It therefore remains the responsibility of the member to undertake activities that are relevant to their individual professional development.